HEAT SHEET

ISSUE #10

April 2020 The Round Up Foreign Correspondent (W)retrospective Heat Seeker Renegade Feature



A Letter from the Editor

So PWA have announced their dates for Colosseum. More than that, they've announced their first booking for the Colosseum tournament. Clearly the powers that be at PWA are confident – we are fine with that; confidence is a good thing.

The timing may just work too. While it may not be that things are completely back to normal or that international travel may be back on, there are some signs that the lockdown will have eased enough to allow live shows and interstate travel by October.

It seems PWA is unashamedly seeking to establish itself as the standard bearer for Australian wrestling, and establish Colosseum as THE premier wrestling weekend in Australian Wrestling. We are fine with that too. Australia wrestling needs standard bearers, and if the home of Moretti and Bonza and Jessica Troy, and the promotion that has twice flown the flag so valiantly at King of Trios, wants to put itself forward as the standard bearer, it is hard to argue against it. But it comes with responsibility too.

Because like it or not, if you are putting yourself out there as the exemplar of Australian wrestling, then you need to be showing the best examples of Australian wrestling. If you are pitching your colosseum tourney as the biggest tournament prize in the country, you need to have entries that reflect that, wherever they are from.

As we sit here, we could name half a dozen Queensland wrestlers who we think could step straight in and flourish at an event like Colosseum. We could name two or three who would give a solid accounting of themselves in the tournament itself. But in 2020, when Australian wrestling needs to shout out that it is back, and ready, willing, and able to punch on, we can't think of anyone better to represent Queensland than SmashFace Mitch McCarthy.

We are right behind #smashface2020 and are asking you to get behind it too. On Instagram, Facebook and Twitter, let PWA know that we are here, and we want to be heard. And,

Support local wrestling.

Matt McQueen

Our cover this issue

It may look like Jesse Daniels is on the cover of Heat Sheet for the second time but this is all about 'SmashFace' Mitch McCarthy.

• Photo by Callum Rule Media



The Round Up

It's important during these strange and difficult times, that we keep in training. That we keep ourselves in tip top shape so we can come back stronger than ever when the lock-down ends. For performers that may mean squat challenges and exercise apps. For fans it is about finding other ways to get your wrestling fix. For fans who want to write about wrestling it gets even more strange.

Which brings us to ESW. Sure it may look like what happens when a wrestling fan, builds an all women federation on WWE 2K18, and then lets it run with a monthly Pay Per View show but that's because that is exactly what it is. Yes, I may have too much time on my hands, just don't try to tell me wrestling is fake.

ESW: Solitary Confinement

By Matt McQueen

ESW were at the Auchenflower Country Women's Association for their Solitary Confinement show. Japanese veteran "Hunter" Chen is absolutely someone who should be challenging for titles in ESW, it's always seemed to me though that she has been spinning her wheels, picking up the occasional

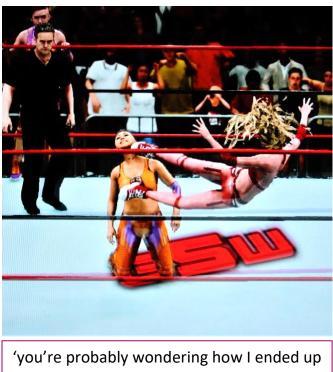
win, but not developing and momentum. So Solitary Confinement kicking off with Chen on the mike, verbally abusing the 'entitled' and 'disrespectful' audience might have been heel turn 101, but it was something.

Chen's promo prompted Carnage Champion Amaya Diaz to come down to the ring and put that title on the line to defend the honour of the ESW Audience. What followed was a fun match, Chen embracing her dark side using her experience, the ropes, and cheap shots to take the fight to her younger stronger opponent. Diaz was able to feed off the crowd support though, and powered through Chen's offense to deliver her elbow strike finisher and pick up the win. It was a popular result. I just hope it hasn't destroyed Hunter's momentum before it started.



Kaiva A is one of the few genuine high flyers in ESW, and makes up for a lack of character (and frankly bizarre, tassled/harlequin/bondage ring gear) with some flashy in ring work. In the second match of the night she used it to good effect to pick up the win in a short but entertaining match against Cali Antoine.





here' – Akira Buck

Tag team action next, and a continuation of the feud between the Heel Team of "Passion8" (Maggie Wood and Whitney Mack) against their rivals, Akira Buck and Parker who are now known as "The Edge" apparently. It was revealed before the start of the match that ESW are finally going to introduce a tag title, but rather than merely make this a title match between the hottest two teams in the fed, it would be the first round in a three team tag title tournament. Given that the third team announced (Kelly Owens and Sue Sergeant) appear to be in the middle of a break up angle, I can't help thinking that belts will find their way back to one of these teams in the end anyway.

I love a good Big/ little team combination. Kane and Daniel Bryan, Rip Reilly and Bobby Bishop, Pinky and the Brain. Whitney Mack and Maggie

Wood do well in that mould, Mack providing the power and Wood providing the mean girl, excheerleader peaked in High School Trailer Park Meth head aesthetic. They are a good foil to the Gym

Buddy athleticism of Buck and Parker. In a reversal of the usual formula Mack took most of the offence from the faces, finally making the hot tag to her smaller partner, only for Wood to be fairly quickly laid out by a running knee from Akira Buck. It wasn't the best match these guys have had but it still felt like it meant something, and we will no doubt see more of them.

5. That's how many pin attempts it took Gabriel Crystal to get the win over a debuting Ann Sakamoto. And these were genuine false finishes. DDT, Sakamoto kicks out at two. Elbow drop off the second rope, Sakamoto kicks out at two and a half. She didn't get much offense of her own in, but the newcomer showed a level of resilience that made her a natural babyface. When she was finally put down for the count after a belly to belly suplex off



Whitney Mack treating Sue Sergeant like a pull up bar

the second rope, Sakamoto had won the respect of her opponent and the crowd.



Kelly Owens and Sue Sergeant may be the third tag team in contention for the new ESW titles, but they aren't really on the same page. Sue Sergeant Was next up, taking on Kory Star in the penultimate match of the night. Before the match though we had Sergeant's team-mate Owens, come to the ring and give her a pep-talk, that very quickly descended into a roasting. Had Star's music not hit when it did, it might have been Kelly and Sue who came to blows.

The match itself was fine enough, Owens remained at ringside but didn't have much involvement in Sue Sargent picking up the pinfall victory cleanly. The real story came after when Whitney Mack, obviously recovered from her earlier match, came to the ring and delivered a beat down to Sue Sergeant after the bell. Mack did serious damage to at least one of Passion8's next opponents, and Owens? Just let it happen.

This would be Amy Quinn's first major defence of the Main Card title. It would be Amy Quinn's first main even match against Jordyn Lloyd. It would be both women's first steel cage match, indeed ESW's first steel cage match.

It would be a major disappointment.

Three quarters of the match was a perfectly serviceable non-title type match. A bit of back and forth, both competitors showing something, neither able to get fully on top. And then, Lloyd climbed out of the cage, and Quinn did literally nothing to stop her. She stood in the centre of the ring and watched as her opponent, her title and her credibility climbed up and over the cage and touched both feet down outside for the win. It was a disappointing end to what had otherwise been an entertaining show.



Jordyn Lloyd celebrating like a kid who got a C+ on a test she didn't study for

Foreign Correspondent: Explosive Pro-Wrestling

By Lachlan Albert

While there's no live wrestling in Australia at the moment, some companies have made concerted efforts to have their wrestling content available to punters. One of these is a company that I love but have never been able to travel to – Perth's Explosive Pro Wrestling. EPW has made all of their shows from their Gate One Theatre venue free on Vimeo, and I took the opportunity to check out their most recent show, March's Going For Broke.







The show opens with one half of the tag champs, Aaron Hawk of the organised crime stable Plague, taking on the fairly new Tipene of the tag-team Taskforce. Bringing some joy to the early portion of the show, Hawk is booed like crazy for breaking Tipene's sunnies, but Taskforce teammate Jack Edwards produces a fresh pair at ringside. When Aaron Hawk disposes of those as well, Tipene hulks up, leading to a more straightforward back-andforth. The tag partners on the outside of the ring start going at it, and this provides the distraction for Tipene to get the roll-up victory and put the Taskforce in line for a shot at Plague's titles.

The Gate One debut of Twisted Elegance Edith Night takes her face to face with Adelaide's Casey Johns. Night's technical talent plays well against John's more smashmouth style to make an exciting and

unpredictable matchup. Edith looks to have the match in hand with a huge frog splash, and when Johns kicks out she immediately transitions into a crossface variation. However, Casey Johns has no intention of letting Night take the win, pulling Edith's hair to break the hold and hitting a package piledriver for the victory.

The Prince of Perth Jay Taylor is extremely confident making his way to the ring to face the friendly neighbourhood luchador, Del Cano. He may be a touch larger and paler than you'd expect from a luchador, but Del Cano is just as quick and crisp in his style as any Mexican export. The speed gets turned down when Taylor catches his opponent's moonsault from mid-air and launches him head first into the turnbuckle. Jay goes for the classic bad-guy move and begins tearing at the mask of Del Cano, but it doesn't pay off, and Del Cano shows some amazing skill by reversing a cutter into a springboard moonsault and following it with a powerbomb bridged into a pin. A shooting star press somehow gets caught in a low cutter, but Del Cano kicks out, gives Taylor a wedgie on the top rope which turns into a Spanish fly, and a shooting star press gets him the win.

Dan Steel makes his way to the ring for a fatal-four-way match for #1 contendership to EPW's Costal Championship. He's joined by "child star" Taylor King, "Real wrestler" Gavin McGavin, and "The Don" Michael Morleone. It's difficult to pick the winner as the four men predictably create chaos in the ring, but Taylor King and Gavin McGavin eventually clear the big men from the ring and chain moves back and forth until McGavin locks in a crossface for the submission victory. As he celebrates, McGavin gets clocked in the back of the head with the Costal Championship belt by champ Marcius Pitt.



Dan Moore is accompanied to the ring by his protégé, the young Jesse Lambert, but Jesse quickly leaves ringside to fetch his protégé, former EPW Heavyweight Champion Bobby Marshall, who's being taught by Lambert how to be more exciting and popular with the crowd. Moore and Marshall face two men who couldn't care less about popularity, The Untouchables Damian Slater and Julian Ward. The match is classic tag-team psychology, with The Untouchables keeping Moore in the ring and not allowing the tag to the big man Marshall. Bobby gets the hot tag and clears house, leading to some awesome teamwork and a Doomsday Device, but manager Amber interferes multiple times to keep her team alive. Ward and Slater have some miscommunication which takes a moment to work through, allowing Moore and



"No Roman, this is a Superman Punch"-Gavin McGavin

Marshall time to recover. Amber enters the ring but is prevented from interfering by Lambert. Through a series of events that could only happen in wrestling, Lambert unknowingly kisses Slater, Slater superkicks his partner Ward, and Moore and Marshall capitalise for the win.

Brazilian party boy Bruno Nitro and Seychellean Sensation Junior Li look to reset the energy of the show before the main event with a cruiserweight matchup. Unfortunately the match is interrupted as Joel Hagan attacks both men to send the match to a no-contest in an attack featuring a massive double chokeslam.

The main event portion of the show comprises more than a third of the total run time, with good reason. It's a massive matchup. Marcius Pitt's Costal Championship is on the line, and if he retains, The Godfather of Australian Wrestling Davis Storm's EPW career is over.

I've said before that I can't be impartial about Davis Storm – he's not only one of my favourite wrestlers in the world, he's my partner's cousin – but this kind of match doesn't exist to be watched impartially. Davis Storm is an EPW Original: his 18-year career began at the same time as EPW, and he's been a main-eventer for the company since its inception as well as the head trainer for EPW's wrestling school. Pitt, on the other hand, is a cocky and aggressive heel, accompanied by Amber who we'd seen interfere on behalf of the bad guys not half an hour earlier. It's rare that a match goes ahead with nobody in attendance supporting the heel, but in this match it's clear that every person at the Gate One theatre wants to see Marcius taken down a peg and they want to see Davis continue his legendary EPW career.



Pitt and Storm have years of history, and they know each other's moves well, leading to a long process early in the match of each man testing the other, reversing reversals of reversals. Pitt has the strength advantage and Storm has the technical edge, but it's clear that Davis is strong and Marcius is technically proficient, so those margins are small. Pitt has Amber in his corner, but Storm has scouted this by bringing along big man and fellow EPW original Richter. As Amber tries to interfere, Richter escorts her off the apron and back to ringside. Pitt takes exception to Richter touching Amber and gets in his face, slapping him, until Richter grabs Marcius for a chokeslam. Storm breaks it up, but the ref has seen enough and ejects Richter from ringside. Suddenly the advantage



Davis Storm managed to maintain this intensity all the way from November until March.

is with Pitt.

Within minutes a Pitt suicide dive makes such an impact on Storm that it damages the steel barricade. Pitt makes sure he doesn't tire himself too much while keeping Davis on the back foot, relying on moves like stomping on Storm's fingers and pressing his throat into the ropes, as well as keeping the ref's attention to allow Amber to deal some damage. The crowd are vocally behind Storm and every inch of comeback leads to a huge reaction, but Pitt quickly puts Storm back down each time. Storm's bursts of offence hit hard, with chops drawing blood from the chest of Pitt, but Marcius takes every advantage he can, using ring steps, the ring post, barricades, Amber, almost making and impact with the championship belt to maintain control.

One of Storm's biggest tools as a performer is

how visibly "battle damaged" he becomes. With hair spiking in random directions and a bright red inflamed chest, Davis looks to be in every bit of pain it's possible to feel. Pitt makes just about every move that it's possible to hit in a ring, and every time it's a fraction closer to three before Storm powers out. Storm tries to fly into Pitt standing on the outside, but Pitt pulls Amber into his path. Pitt hits a German suplex that uses Storm's body to bend a guard rail, and Pitt drags the referee away from checking on Amber to try and take a victory by count out. An unimpressed Amber leaves Pitt, but Marcius retains control. Suddenly Davis dodges Pitt, who knocks down the referee, and Davis hits his Eye Of The Storm finisher, but the groggy referee can't count the three. The Untouchables make their way to the ring, pull the ref out, and brandish a kendo stick. Julian Ward can't quite manage to hit Storm though, and uses the stick on Damien Slater instead.

Pitt hits an F5 and drags the half-conscious referee back into the ring, but turnabout is fair play, so Gavin McGavin appears and clocks Pitt with the Costal Championship. A knee strike, another Eye of the Storm, and a final brutal knee puts Pitt down.



One.

The count takes an eternity.

Two.

Pitt could kick out at any moment.

Three.

Davis Storm celebrates becoming Costal championship in an incredible match. I cannot recommend this match highly enough. While this show is available for free, it's worth watching to see what the highest level of Australian wrestling looks like around the country. Please take this opportunity to watch great wrestling Australia wide.

*Photos courtesy of Pix Photography, from EPW: Hot Summer nights and EPW: ReAwakening XVIII

(W)retrospective: Thirteen

He is the disturbing ringleader of the Circus of Tragedy, the dominant freak in UPW's freakshow of violence, and according to the almost universal opinion of the UPW live audience, he sucks. But how did we get to 13: 2020? Come with me as I aim to find out, by the simple and non-scientific expedient of looking at three matches.

I bring you Heat Sheet's first ever (W)retrospective

High Impact Wrestling: Battleground Bribie February 28th, 2015. Aussie Wolf v 13

We have a younger, leaner, greener 13 here, taking on the venerable Aussie Wolf, in front of an audience of something less than 20 people. The match starts off as you would expect an Aussie Wolf match: technical holds, arm locks, hammer lock, head-lock, back and forth move and counter move. It may be five years ago but 13 already has his issues with the audience, getting easily distracted and disturbed by their catcalls. At one point he actually leaves the room in a fit of pique. When he comes back he manages to get on top, engaging in the sort of eye watering joint (finger) manipulation that is heel 101.



Yoga was really big in 2015

The story of this match was all about Aussie Wolf

though, who showed his resilience and ring craft to overcome the younger, bigger guy. He did so in a small package finish, that left me, and the live commentator/announcer initially confused as to who had pinned whom.



Chaos Championship Wrestling April 21st, 2017 - Tommy Hellfire v 13

I had told myself that I would not criticise the production values of these old shows. Can I just say I'm glad I'm watching live Queensland Wrestling in 2020 and not 2017, when 13 took on CCW Champion Tommy Hellfire for the CCW title?



Photographers are the glow up Qld wrestling sorely needed

It starts with the match announcement, when the announcer forgets the name of the champion, admits on the mike that she has forgotten and then apparently announces him as Tommy Asguard. I can't help thinking that when Hellfire finally makes his entrance pointing at the lights and shouting at the dozen people in the audience that he deserves some respect, he might have a point. They mock him anyway,

13 however is well received. He is still a goth freak, and it would be hard to call him a true baby face, but he is a fan favourite amongst the sort of diehard fans who come and see a wrestling show with ten other people. The character has evolved too. He is bigger, and displays more power than he did two years earlier. Useful too because Hellfire is chiselled and isn't going to go down easily. He has a Razor Ramon vibe that he plays well.

About five minutes in they break the ring, one of the top rope turnbuckles coming loose from the ring post. Credit to the in-ring talent: the ref puts his back to the broken post to keep the action off it until 13 and Hellfire can take their fight to the outside while it's fixed. This leads to two of the match highlights. Firstly, 13 clubs the champ across the chest before inviting a child from the audience to chop him. Then as he is dragging Hellfire back to the ring, the camera pans enough for us to see... @Barbs Photos, taking photos, because well because it's Queensland wrestling. Hi Barb.

In the end Hellfire gets the win, but not before the ring breaks again, and I am left thinking both of these guys deserved better.

UPW: Ascension, November 2019 - 13 v Ricky Rembrandt

This is the match that UPW wrestlers voted their match of the year last year. It is also the match that Ricky Rembrandt described as the favourite match he has ever had (check out Heat Seeker issue #8). It was an easy choice for the third match in my 13 (W)retrospective, and as good an example as any of what 13 is as a character and wrestler.

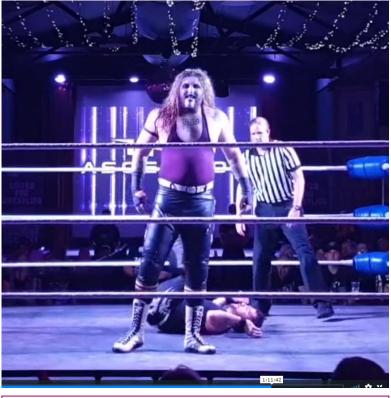
It's also a great example of how far Queensland wrestling has come in the last few years.



The match is at the Shed at Aussie World, UPW's regular venue and in front of an audience of 200 or so who actually care as much as the wrestlers do. In Abbie Mac, UPW has a ring announcer who is interested in the show she is promoting. The live commentary is there for the Vimeo recording not as hype for the match, and offers decent play by play rather than trying to force feed energy to the audience.

I won't keep you in suspense: 13 loses this one too, but along the way, he brutalizes Rembrandt by working his injured back with clubbing blows and power slams, and a scary throw to the outside of the ring. The crowd hate him and hate what he is doing to the one true virtuoso, and 13 is at turns distracted and energised by it.

This is in my view the dichotomy and strength of the 13 character. He is a freak, and he knows it, and he wants to revel in his freakishness and feed on it, but he is also the worm and deep down he knows he is just as sad and pathetic as the crowd so often tell him, and it matters to him and he hates himself for it. Each time the crowd chants '13's Useless', and they chant it many times in this match, it hurts him, because at least on some level he believes it to be true.



If Thirteen committed to having green hair Tim Kade might have to fight him for a claim to biggest Joker fan

While 13 may be distracted by the audience, Rembrandt drinks in the support, and by the time he starts his comeback and hits the first of two codebreakers, the crowd are right behind him. He goes for a second codebreaker and while he doesn't get all of it, it does allow him to go to the top rope for the elbow drop that scores him the pin.

I don't really know if these three matches are a fair snapshot of 13 in the five years from 2015 until now. While I know what Ricky Rembrandt thought of the 2019 match, I haven't asked 13, and the other two were picked as much for when and against whom they took place. Put aside the small crowds and the grainy video though, ignore the ring breakages or the distracting commentary, and it is possible to see in those early matches something of what 13 is today.





Q: All-time favourite wrestler?

Man, what a kick off question! Three-way tie between Stone Cold Steve Austin / Triple H / Eddie Guerrero!

Q: All-time favourite match?

Undertaker v Triple H, Hell in the Cell (Wrestlemania 28)

Q: Where, when and with whom did you start Training?

I started training on the Gold Coast at Impact Pro Wrestling in 2008, with my high-school friend who had already debuted as 'Blaze'.

Q: Where, when and against whom did you make your debut?

About a month after signing up, I had my live event debut as the manager for 'Blaze'. First in-ring match debut happened a month after, battling another wrestler called 'Hercules'.

0: Your favourite match you've been in? Honestly, every match. Every match I've been able to partake in, good and bad, I've enjoyed. I honestly can't pick a favourite, because all of them have been experiences, learning one way or another.

Q: Describe yourself in three words? Biggest Little Man

Q: What titles have you held?

- IPW Heavyweight
- IPW South Pacific
- IPW Cruiserweight
- VPW Origins
- VPW Tag Team

Q: Who has been the biggest influence on your career?

Peter 'Hawk' Ball, founder of IPW Australia and Queensland wrestling. He was such a great mentor in both wrestling and in life. If it wasp't for him taking a chance on Iil old me, I wouldn't be sitting here right now answering your questions.

Q: Who has been your favourite opponent?

I wouldn't say that I have a definitive favourite, as I've been really lucky to work with a ton of professional and talented, right across the board. But off the top of my head, man, being able to still do matches and work alongside the guys that I started out with, all those many moons ago, is such a thrill. In recent years, I was able to work with Diablo (fka Jethro), Tim Kade and Kelso Kahoniz, all of whom were there (or had been) at IPW.

Q: Who designs and makes your ring gear? Calamity Jane clothing

made my current attires, all three of them. Really enjoyed the process of working with her on the look and overall designs.



Big Boi Season

By Aisling Taylor

In Queensland wrestling everyone is ambitious, some more than others. Most people would be happy to be one of the most entertaining and engaging characters in Queensland wrestling, our subject this month, has until recently been two of them. We spoke to Renegade about his wrestling journey, how he got to 2020 and what he plans from here.

Originally from the UK, also living in New Zealand before settling in Australia, Renegade (who also, until recently, wrestled as Hugh Manatee), began training at IPW twelve years ago. He already had some experience in amateur wrestling (like Kurt Angle). But fell in love with wrestling while training alongside other IPW alumni including Lynx Lewis Jr, Sebastian Matters and Toni Storm, he first debuted as Renegade at IPW but by 2020 both Hugh Manatee and the 'Big Boi' Renegade are



household names within the SEQ Wrestling scene, having wrestled at many brands across the state, and Australia as a whole, including AWL, Venom, and even a MCW earlier this year.

Other than Renegade the Big Boi's most notable character is Hugh Manatee. One might wonder how a character like Hugh starts, and the answer is simple: Dugong Hasselhoff. Born during Aussie Wolf's era of AWA was inherited from the original Dugong Hasselhoff (who I'm informed was a much bigger guy). When Dugong wasn't working, because the gear was too large and looked like hammer pants, putting on blue trunks and a tail instead, got Hugh his official start. Since his debut Hugh has become one of Queensland's best

comedic characters while also being a credible Heavyweight title contender and eventual winner at Homecoming 6 in August of 2019. With the Renegade character coming first, and Hugh being created as a comedic character, they initially had very different move sets, but having two characters who work in different styles is a difficult balance to maintain. While focusing on Hugh, Renegade was missing out. once he returned to focussing on Renegade again Hugh began to be neglected. With the merger between AWA (where he was Hugh) and PWL (where he was Renegade) on the horizon, it seemed like a good time to hang up the mask while giving everyone's favourite sea cow a proper send off. This retirement plan evolved into the program with Jesse Daniels, that lead to the unmasking of Hugh Manatee at Holiday Hell in December and has continued with Renegade targeting the entire Daniels Republic for revenge.



Since hanging up the Hugh mask Renegade has had more opportunity to develop his unique style as the Big Boi: 'No one else is doing the white blonde hair style so the ultimate end style goal would be akin to The Witcher's Geralt of Rivia with matching gear' Renegade explains. Many wrestlers use their gear to pay homage to nerd culture, for examples look no further that Rhea Ripley's Wrestlemania 36 Dragon Ball Z gear, or any gear that Johnny Gargano or The New Day wear. For Renegade's future gear plans, it might be difficult to smuggle a bard, sword and steed into the Zoo or Kedron Wavell, but Outback Adam might be able to help, at the very least providing a very real crocodile. Renegade also has arguably most catchy entrance music in Queensland (except for maybe Outback Adam and Flashman) with



The best way to prepare for a match is to scream into the void

the 2012 bop 'Mind Your Manners' by Chiddy Bang. In regard to Renegade's finisher: the handspring stunner (one of Matt McQueen's favourite finishers) there isn't a punny name for it yet. Emphasis on yet, the Heat Sheet team have a few pitches: including, 'The Flipper', and 'Hugh's Handspring' or to go full Witcher with 'The Sihil Stunner'. Contact us for all your pun name needs.

While Renegade no longer wears a mask, he is not simply a singles wrestler, he is also half of Strong



Nostalgic for a time when you could do a hardcore match from less than 1.5 metres away

'94, a team that is a combination of Lynx Lewis Jr's nickname Strong Lynxy and Renegade's birth year. Anyone who has seen Strong '94 (formerly Street Revolution) in a tag match will agree that they have undeniable chemistry and great timing. Maybe it's because they have great matching gear or that they have been a team for more than 6 years, who knows. Either way we are excited to see Strong '94 bring some levity and freshness to Qld's Tag scene. But their high energy vibe isn't confined to Queensland, in January Strong '94 debuted at MCW's Wrestle for Relief charity show, in a 4 team tag match against Man United, RB4K and Dying Breed. Wrestling for MCW had been a goal of Strong '94's for 6 years, so they are glad they got the opportunity, and are eager to work with them more in future.



Along with the continuing program opposite the Daniels Republic at AWL, which began with Jesse Daniels ripping off Hugh's mask at Beers and Bruises in September, to get the cheap win and become Heavyweight champion. One of Renegade's most notable storylines in 2019 was at Venom against chicken-shit heel Sebastian Matters. That was actually the first solo match program between Matters and Renegade despite knowing each other for more than a decade, and having a few group matches. It was a fun storyline that at every stage got Venom's crowd fired up and ended brilliantly



Did you know that the top turnbuckle is as far from water as a Manatee can possibly get

(and presumably painfully). Renegade remarked that he is glad it ended when it did rather than dragging the feud out and letting it get stale. The storyline also helped to develop some of Venom's other Heels including great new stuff from John Skyfall (including his new bestie – a baseball bat) and the introduction of Bruiser who is in the process of monstering his way through the Venom roster. The program had a selection of matches with a range of stipulations including a hardcore match, a five v five elimination tag match and arguably one of the worlds shortest matches ever (even shorter than the squashing of Kofi Kingston), with Matters' muscle, Bruiser having beaten up Renegade before the show even began, then dragging him to the ring for Matters to get a VERY easy pin.

Renegade happily refers to himself as 'the big Boi', it's written right there on the back of his trunks. It's an accurate description. Looking at him you probably wouldn't suspect he would be as flexible as Stretch Armstrong and faster than a speeding Bullet Club. That speed and flexibility that bely his look puts him in a bracket comparable to Kevin Owens, Big E and Kassius Ohno, it's no surprise that Rob Van Dam is one of Renegade's role models.

I also asked him about his dream matches which ran the gamut from Aussies like Robbie Eagles and Gino Gambino, to Superstars like Jericho and CM Punk and even tag teams like The Brat Pack and The Babes. Along with his list of dream matches Renegade's goals include working on getting a balance between cardio and strength workouts, continuing to Tag with Lynxy and even an ambition to wrestle and tour around the UK for a year.

Like many of Queensland's wrestling powerhouses Renegade has a long wrestling history, but I doubt when he started training at 13 he expected he would be well known as a popular wrestling sea cow, or that he would live up to his role model, and be able to make a decent claim to be the Rob Van Dam of Queensland.



Let's Talk About Merch Baby

Collected by Charlie Anderson and Matt McQueen

It's a very hard time for everyone right now. While shows are paused, we're replacing our coming up page this month with a collection of links to wrestler merchandise. If you are able to, please show your support and consider buying something!

We will be putting a version of this page up on our website and trying to keep it relatively up to date so if you are a wrestler, promoter, manager, or commentator with a merch store (or Patreon!) and we've missed you – please send your details to our social media accounts, and we will add you to the links list.

WrestlerMerch https://wrestlermerch.com/

WrestlerMerch carries many Australian wrestler's merchandise – including Queensland wrestlers such as Jesse Daniels, Sebastian Matters, Mitch McCarthy and Lucille Brawl. Australian Wrestling League have just recently joined the fun and have added Merch to that site.

Wrestle Radio Australia

https://www.redbubble.com/people/Toddy33/shop?ref=artist_title_name

WRA's Redbubble store not only carries WRA shirts, but also an assortment of wrestler shirts. Proceeds from the sales goes toward Beyond Blue and Gotcha4Life, so while the money may not be going to performers it is going to a very good cause.

United Pro Wrestling https://www.unitedprowrestling.com.au/shop.html

UPW's merch page on their website. Features UPW hats, shirts for the promotion and performers and a poster.

Pro Wrestling Tees https://www.prowrestlingtees.com/

United States based indie merch store, Pro Wrestling Tees, gives performers the chance to sell their merch on a print on demand basis, and a few local performers have stuff available on the site. Flashman, Adonis, Craven and Alex Shephard, all have a presence on the site that we could see, and we may have missed others.

Individual Wrestler Stores

Flashman https://www.prowrestlingtees.com/flashman

Lucille Brawl lucillebrawlprowrestler.square.site



Wrestler Social Media

Some wrestlers sell their merch directly through social media. Don't be afraid to reach out to your favourites to find out if they have merchandise available. Wrestlers who have confirmed you can contact them to inquire about merch include:

Xander Sullivan (Instagram: @warheadxandersullivan Twitter: @XanderSullivan1)

Double Denim Danger Dan (Instagram: @doubledenimdangerdan Twitter: @DDDangerDan)

Draegan (Instagram: @draeganfyr Twitter: @WeWhoAreUnclean)

Bobby Bishop (Instagram: @retrokidbobbybishop Twitter: @thebobbybishop)

Mitch McCarthy (Instagram: @smashfacemm Twitter: @smashfacemm)

Renegade (Instagram: @renegade_pw Twitter: @Real_Renegade)

JL Gold (Instagram: @jlisgold Twitter: @JLisGold)

Outback Adam (Instagram: @outbackadam Twitter: @AdamOutback)

Coming up in Heat Sheet

Even if wrestling is in hiatus, HeatSheet will continue. There are great stories to tell in Queensland Wrestling and we will continue to bring them to you. We have a number of features in the works and coming months will see those plus more Heat Seekers, more (w)retrospectives and more Foreign Correspondents' so tell us who and want you want to see. And yes, because no-one asked for it we will be catching up with ESW for their May PPV, tentatively entitled 'A Joke too Far'.

Our poster this issue

Todd Eastman recently spoke to Zeke Andino and Sebastian Matters on Wrestle Radio Australia. When asked to nominate a match of his for listeners to check out Zeke suggested his IPW: Unified title match against Jesse Love from IPW: Ladder Wars. That inspired us to turn to that match for our poster for this month. The photo in all it's industrial glory is by Jason Kryger, and I don't think Zeke or Jesse or IPW will mind if we tell you the match can be found online at: <u>https://www.youtube.com/watch?v=hJuOMQ7Crjk</u>

